

JOB DESCRIPTION

JOB TITLE:	Revive Sports Mentor – South Somerset Area
SALARY:	£3,900 to £5,200 PA (Equates to £10 an hour)
TERM:	Part Time
LOCATION:	SASP Offices, Wellington, Somerset, TA21 9JQ
HOURS OF WORK:	7.5 -10 hours per week (Negotiable at interview)
REPORTS TO:	Community Resilience Team - Targeted Adults Activity Lead
RESPONSIBLE TO:	SASP Somerset Activity and Sports Partnership

Main Purpose of the Job

We are looking to recruit a compassionate individual with a desire to positively support adults who are or have previously been experiencing drug/alcohol addiction issues and or mental health challenges. The Revive project uses physical activity to provide participants with a chance to be active, socialise in fresh environments and meet new people. As part of the Revive Sports Mentor team you will be delivering both group and 1 to 1 activity sessions where the emphasis is placed on getting participants moving and predominantly uses low level, sociable activities such as Walking, Boccia and Table tennis. Participants who attend the sessions have a variety of differing abilities and mobilities.

The vast majority of the role is delivering the Revive 1 to 1 sessions although there are other parts to the job including admin tasks, signposting clients to relevant services such as SDAS and MIND and liaising with other support organisations. There will be opportunities to promote the programme to various audiences and organisations within the South Somerset area.

You will need great interpersonal skills and be a strong communicator both with participants and key workers from relevant supporting organisations. Lived experience of addiction may be an advantage in this job role although not essential, similarly experience of working with people in the recovery community and or the organisations who support them would be beneficial. The right candidate will be empathetic, good at listening and have an understanding of the impact that chaotic lifestyles can have on an individual's recovery journey.

The successful individual will need to be organised, personable and motivated to help others. A good amount of determination and enthusiasm will also be vital in the sports mentor role.

About The Revive Programme

The Revive Activity programme offers individuals (18+) experiencing drug and alcohol addiction issues and or mental health challenges the chance to get active and enjoy some new physical activity experiences.

Revive sessions welcome people at whatever stage of their recovery journey they may be at, and are also suitable for those who are temporarily sober or drug free. The Revive programme is fully inclusive and is open to people of all abilities and experience levels.

The programme offers a variety of fun, casual and sociable activity sessions. The aim is to provide participants with the chance to reap the physical and emotional benefits of exercise, along with offering them the opportunity to socialise in new environments.

Summary of Responsibilities and Key Duties of the Job

1. Support the Project Manager in the delivery of the project – encouraging service users to get involved in the activities; assisting with consultation within the local communities working with the Project Manager to arrange agreed activities and ensuring that those involved have fun.
2. Support service users throughout the programme – to get involved, attend regularly, develop their skills and levels of confidence.
3. Develop weekly targeted sports activities for service users in conjunction with the project manager.
4. Work with individual sports clubs to support service users into general community sports clubs in sports of their choice.
5. Gather informal feedback from service users regarding the activities to inform future plans and to contribute to the evaluation of the programme.
6. Assist service users with transport and transport choices where necessary.
7. Identify and support participants who may be suitable future volunteers.
8. Complete records of attendance and a log of activities for each session which will assist in the evaluation of the project.
9. Ensure events and activities take place in a safe way, ensuring risk assessments are in place and Health and Safety is attended to at all times.
10. Promote all relevant recovery initiatives initiated by Turning Point and other relevant agencies to encourage networking, communication, friendship, recovery, increased confidence and self-esteem of service users.
11. Report all activities in regular feedback to the Project Manager and follow policies including confidentiality and safeguarding, reporting all risks to the project manager.

General Information

All work performed/duties undertaken must be carried out in accordance with relevant SASP policies and procedures, within legislation, and with regard to the needs of our customers and the diverse community we serve.

Date: 04 October 2021

PERSON SPECIFICATION

REVIVE SPORTS MENTOR	
JOB REQUIREMENTS	ESSENTIAL/ DESIRABLE
Knowledge	
1. Community development activities, particularly sport / physical activity	Essential
2. Recovery from substance addiction	Essential
3. Treatment services for substance addiction	Essential
Skills and Abilities	
4. Enthusiasm and an ability to motivate other people	Essential
5. Ability to organise events and activities for people	Essential
6. Ability to communicate clearly	Essential
7. Interest in sport, physical activity and wellbeing	Essential
8. Willingness to learn	Essential
Experience	
9. Volunteering / working in a community role previously / currently	Essential
10. Lived experience of addiction may be an advantage	Desirable
11. Experience of working with people in the recovery community and or the organisations who support them	Desirable
Educational	
10. Leadership and or coaching skills	Essential
11. Basic literacy and numeracy	Essential
12. Some IT skills would be useful	Essential
13. Access to own transport	Desirable