



SCHOOL GAMES

PRIMARY SCHOOL HANDBOOK 2019/20



Further information on sports competitions can be found on www.getberkshireactive.org

Introduction

Welcome to the Berkshire School Games. This Primary School Handbook provides details of all the entry requirements for each of the competitions running at County level as well as some general information.

There are three delivery mechanisms for the County level events in Berkshire.

1. Badged Events

These events are standalone events run during the school day- typically for an afternoon or morning though sometimes are all day events.

2. Winter Games

This is a multisport event day held at **Bisham Abbey -26th March 2020**. Teams should expect to attend all day. Timings of events will be announced early March.

3. Summer Games

- This is a multisport event day held at **Bisham Abbey -10th July 2020** . Teams should expect to attend all day. Timings of events will be announced early June.

Eligibility in County level events

Last academic year we made some significant changes to the formats of many of the competitions, in order to increase the number of schools and participants accessing the County level events. Both School Games Organisers and the Berkshire School Games Local Organising committee have Key Performance Indicators this academic year (expected by funders) which expect us to broaden participation to allow a larger proportion of young people to access competitions. We feel many of the changes we made last year anticipated this direction and therefore there is not a need to make any significant changes, however, we have taken on board feedback from schools and NGBs and made some tweaks in order to simplify the language and give clearer direction on eligibility and guidance.

Inclusive Competitions

We have a number of new competitions/festivals to provide more opportunities for more young disabled people from mainstream and special schools to take part but we also hope that all schools will review the integration of young disabled people into all of the competitions/festivals. Special schools interested in taking part in any of the mainstream competitions should speak with their SGOs about how the eligibility criteria can be adapted to support them taking part in School sport network level competitions.

Late withdrawals and no shows

We understand the difficulties that schools have getting teams to attend the Berkshire School Games in light of other school pressures. Every year we gather feedback from schools and participants and one of their biggest frustrations is the lack of team entries in some of the competitions on the day. With only 8 max. teams in the majority of the competitions the knock on effect of a withdrawal can be huge for both the organiser (who has already planned the playing schedule) and those schools that have taken the day out of school for an event and expect to play a number of 'matches'. We ask schools consider an earlier withdrawal (min 2 weeks) that enables SGOs to find a replacement school.

Further information on sports competitions can be found on www.getberkshireactive.org

FORMAT OF COMPETITONS & REPRESENTATION

We will be using the following format for the County level School Games events. We will run 5 styles of events:

 <p>Competitive</p>	<p>Truly competitive events with no eligibility criteria set (though may have gender splits). Winner of School sport network level competitions to compete at County level. A school may enter any number of competitive events at County level. However, if they are unable to field all teams for which they win at School sport network level team for the correct age group e.g. Yr 5/6 for a Yr 5/6 competition they should not send younger children as an alternative and instead should allow the 2nd or 3rd place teams to take their place.</p>
 <p>Developing New Players</p>	<p>Eligibility criteria is set to engage new (novice) participants into the sport. Entry is unrestricted; a school may enter any number of these events at County level.</p>
 <p>Broadening Participation</p>	<p>Sports/Competitions that we feel provide opportunities for schools to involve different children in representing their school if they so wish. We understand that small schools may not be able to do this. Schools may represent their area in only one of these competitions per age group e.g. Year 3/4 and Yr 5/6 at each of the two main event days (but any number of badged events). A school may still represent in one of these competitions even if they are taking part in the competitive competitions (but ensure they can field all teams appropriately). The schools involved in these competitions will be the winners of the School sport network level events (where they are in place). If a school wins more than one School sport network level competition, they may select which competition they wish to attend. The second then third placed team will then be asked to represent the SSN in the other competition. Schools may want to consider opening up the opportunity to different pupils at the School sport network level events if they have already won a L2 event in this category.</p>
 <p>Inclusive</p>	<p>Competitions that include young people from both special schools and mainstream schools. Entry is unrestricted, a school may still represent in one of these competitions even if they are taking part in the other competitions.</p>
 <p>Festival</p>	<p>Opportunities for pupils to participate and represent their school at a County level event in a format that is less competitive; no medals are awarded. These schools will be identified by the SGOs. There is no link to School sport network level competitions. Ideally, schools will be identified who are not regular attendees at County level events.</p>

School Responsibilities

The Berkshire School Games is a school event and it is expected that all teams travelling will be attending as a school team. As with all school trips you are required to complete your regular off site forms for your school. We expect all teams to abide by their school policy on use of adult helpers to support the teams travelling to the event and providing support on the day. The school will have ultimate responsibility for the safeguarding their pupils at the event. Schools should **bring First Aid kits and First Aiders to all events**. Please note that we provide paramedics support at both our multisport event days but not our Badged Events.

Please ensure that all your team members have the following parent/carer consent in place prior to the day:

- Attendance at this event,
- Travel arrangements
- Photographic/Video permission to include use of photographs/video footage in Berkshire School Games promotion for this and future media use. You are asked to evidence photographic consent and agreement to the code of conduct on the Registration Form
- Registration forms must be signed by the **Headteacher** and bought on the day.

Photographic/Video consent

All pupils without photographic consent will be asked to wear a wristband on the day; this will be provided at registration. Teachers are asked to help ensure these pupils are not photographed. Registered photographers will be made aware not to take photos of these individuals and all in-house publicity shots will be checked before publication. Parents should be made aware that their child may appear in long shot or wide frame pictures but we will endeavour to ensure they won't be identifiable. Spectators may also take photographs. If parents are not happy with this then they should not send their child to the event. Photo and video footage will be used for promotional purposes by Berkshire School Games and its partners.

Registration

On arrival at the events, each team should make its way to the Registration area. Team Managers are responsible for completing the registration form. Teams **WILL NOT** be able to take part in competitions without a registration form signed by the Head teacher. Further information will be sent to schools ahead of the County level events.

Young Officials

The Berkshire School Games is an event for young people run by young people. We are proud of our record of over 400 young people being involved in running the events each year. We endeavour to train young officials and leaders to support the delivery of all the events but we ask staff, parents and pupils to be mindful that they will not be experts yet and to keep this in mind when dealing with our fantastic young officials and leaders.

Code of Conduct

Registration forms ask schools to agree to the following code of conduct which is based around the 7 Olympic & Paralympic Values. You may feel that you would like to ask each participant to sign a code of conduct as part of their attendance to highlight the link to the Olympic & Paralympic Games.

Code of Conduct for Team Managers and on behalf of their participants and adult helpers

As a responsible Team Manager you, your adult helpers and participants will:

- **RESPECT**
Cooperate fully with others involved in the sport such as officials, team managers and representatives of the governing body (sports leaders) in the best interests of the participants and competition.
- **EQUALITY**
Respect the rights, dignity and worth of every participant, official and others involved in the event. Challenge inappropriate behaviour and language by others. Treat everyone equally.
- **DETERMINATION**
Take responsibility for yourself and your team at all times. Be well mannered and sensible at all times
- **EXCELLENCE**
Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances. Encourage your team to do the best they can.
- **INSPIRATION**
Be a role model and lead by example. Refrain from swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others. Not carry or consume alcohol and/or illegal substances.
- **FRIENDSHIP**
Encourage everyone to work together to achieve their best when competing and to support each other through the day. Make friends with new people.
- **COURAGE**
Ensure that all team members show sportsmanship at all times and challenge those who do not.

Overview of County Level Primary School Competitions

Sport	Format	Event Style	Age Group	Squad size (Min:Max)	Gender split	No. of Teams/Area	Event	Date	Venue
Athletics	Sportshall	Competitive	Yr 3/4	18:30	Min. 9 girls	1	Badged- Spring Term	6 th March	St Barts Newbury
			Yr 5/6	18:30	Min. 9 girls	1	Badged- Spring Term	6 th March	St Barts Newbury
	Quadkids	Competitive	Yr 5/6	10	5:5	2	Summer	10 th July	Bisham Abbey NSC
Badminton	Smash	Broadening Participation	Yr 3/4	8	4:4	1	Winter	25 th March	Bisham Abbey NSC
Boccia	Open	Inclusive	Primary	3	None set	1	Winter	25 th March	Bisham Abbey NSC
Change 4 Life Festivals	Personal Best	Festival	Yr 1/2	12	6:6	2	Winter	25 th March	Bisham Abbey NSC
	Personal Best	Festival	Yr 3/4	12	6:6	2	Winter	25 th March	Bisham Abbey NSC
	Personal Best	Festival	Yr 1/2	12	6:6	2	Summer	10 th July	Bisham Abbey NSC
	Personal Best	Festival	Yr 3/4	12	6:6	2	Summer	10 th July	Bisham Abbey NSC
Cricket	All Star Skills	Broadening Participation	Yr 1/2	8:12	Min 4 girls	1	Winter	25 th March	Bisham Abbey NSC
	Kwik- Mixed	Competitive	YR 5/6	8:12	None set	2	Badged- Summer term	16 th July	Wokingham CC
	Kwik- Girls	Competitive	Yr 5/6	8:12	Girls only	2	Badged- Summer term	16 th July	Wokingham CC
	World Cup Skills	Broadening Participation	Yr 3/4	12:16	Min. 6 girls	1	Summer	10 th July	Bisham Abbey NSC
Cycling	Go Ride	Competitive	Yr 5/6	6	3:3	1	Summer	10 th July	Bisham Abbey NSC
Football	Mini Soccer	Competitive	Yr3/4	7:10	Min. 3 girls	1	Winter	25 th March	Bisham Abbey NSC
	Mini Soccer	Competitive	Yr 5/6	7:10	Girls only	2	Winter	25 th March	Bisham Abbey NSC
Golf	Tri Golf	Broadening Participation	Yr3/4	10	5:5	2	Summer	10 th July	Bisham Abbey NSC
Gymnastics	Team Gym	Developing New Players	Yr 1/2	6	Min 2 boys & 2 girls	1	Badged-Spring Term	17 th March	Reddam School
	Team Gym	Developing New Players	Yr 3/4	6		1	Badged-Spring Term	17 th March	Reddam School
	Team Gym	Developing New Players	Yr 5/6	6		1	Badged-Spring Term	17 th March	Reddam School
	Team Gym	Competitive	Yr 5/6	6	None set	1	Badged-Spring Term	13 th February	Pinewood Gym club
Hockey	In2Hockey	Competitive	Yr 5/6	8:10	Min.3 girls & 3 boys	2	Winter	25 th March	Bisham Abbey NSC
Netball	Stingers	Competitive	Yr 5/6	7:9	Girls only	1	Badged- Spring Term	March TBC	Theale Green School
New Age Kurling	Team Kurling	Inclusive	Primary	4	None set	1	Summer	10 th July	Bisham Abbey NSC
Orienteering	Team Score	Broadening Participation	Yr 5/6	12	6:6	1	Summer	June TBC	Bisham Abbey NSC
Rugby Union	MegaFest	Festival	Yr 3/4	12	Min. 6 girls	1	Winter	25 th March	Bisham Abbey NSC
	Tag- Festival	Festival	Yr 5/6	8:12	None set	1	Winter	25 th March	Bisham Abbey NSC
	Tag- Festival	Festival	Yr 5/6	8:12	Girls only	Open	Badged- Spring Term	March TBC	Reading RFC
Tennis	Mini Red	Developing New Players	Yr 3/4	8	4:4	1	Summer	10 th July	Bisham Abbey NSC
	Mini Orange	Developing New Players	Yr 5/6	4	2:2	1	Summer	10 th July	Bisham Abbey NSC

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ATHLETICS



FORMAT	SPORTSHALL
AGE GROUP(S)	Yr 3/4 Yr 5/6
TEAM/SQUAD SIZE	Min 18, max 30 in total
GENDER	Mixed. Min. 9 girls in the squad
ELIGIBILITY	No restrictions 
BASIC RULES	 <p>Sportshall is an indoor athletics competition comprising of both track and field events.</p> <p>Individuals participate in a maximum of 2 track and 2 field events.</p> <p>Events include: <i>Track</i> – Obstacle relay, 1+1 lap relay, 2+2 lap relay, 6 lap paarlauf, and 4x1 lap relay. <i>Field</i> – Standing long jump, standing triple jump, vertical jump, chest push, soft javelin and speed bounce.</p> <p>Individuals are awarded points corresponding to their performance which are cumulated to provide an overall team score.</p>
COMPETITION ORGANIZER	Eddie Parsons

ATHLETICS



FORMAT	QUADKIDS
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min. 10 Max. 10
GENDER	Mixed. 5 boys and 5 girls
ELIGIBILITY	No restrictions 
BASIC RULES	 <p>All athletes will participate in the same 4 events and accrue points for themselves and their team corresponding to their performance (time / distance).</p> <p>Events:</p> <ul style="list-style-type: none"> Standing Long Jump, Vortex Howler Throw, 75m Sprint 600m Run <p>The top 8 individuals from each team only (4 boys and 4 girls) will contribute to an overall team score.</p>
COMPETITION ORGANIZER	Conrad Rowland

BADMINTON



FORMAT	Smash
AGE GROUP(S)	Yr 3/4
TEAM/SQUAD SIZE	Min. 8 Max. 8
GENDER	Mixed. 4 boys and 4 girls
ELIGIBILITY	Schools are asked to consider using this competition to broaden participation 
BASIC RULES	 <p>All children will complete all activity stations which require skills of a racket sport.</p> <p>Points collected by each team on each station will be added to their team total score.</p> <p>Teams will accrue points at each station. The team with the highest total in the competition will win.</p>
COMPETITION ORGANIZER	Steph Holden

BOCCIA



FORMAT	OPEN
AGE GROUP(S)	Primary
TEAM/SQUAD SIZE	Min. 3 Max. 3
GENDER	None Set
ELIGIBILITY	Pan disability. Open to all pupils who have SEN or disability that would exclude them from other mainstream/disability competitions at the School Games, though we would urge you to include those with a severe functional disability whenever possible 
BASIC RULES	 <p>A ball can be propelled by rolling, throwing or kicking. If a player is unable to throw or kick it, they can use a 'ramp' (assistive device).</p> <p>If they are unable to release the ball with their hands players can use a head pointer.</p> <p>All players must be seated during the game.</p> <p>Singles and pair matches are four ends and team matches are six ends.</p> <p>One point is awarded for every ball of the same colour, which is closest to the jack.</p>
COMPETITION ORGANIZER	SportsAble

CHANGE 4 LIFE FESTIVALS



FORMAT	PERSONAL BEST
AGE GROUP(S)	Yr1/2 Yr 3/4
TEAM/SQUAD SIZE	Min. 12 Max. 12
GENDER	6 boys & 6 girls
ELIGIBILITY	Schools will be identified by their SGO 
BASIC RULES	Skills Based Personal Best activities.
	
COMPETITION ORGANIZER	Jason Elwell

CHANGE 4 LIFE FESTIVALS



FORMAT	PERSONAL BEST
AGE GROUP(S)	Yr1/2 Yr 3/4
TEAM/SQUAD SIZE	Min. 12 Max. 12
GENDER	6 boys & 6 girls
ELIGIBILITY	Schools will be identified by their SGO 
BASIC RULES	Skills Based Personal Best activities.
	
COMPETITION ORGANIZER	Jason Elwell

CRICKET



FORMAT	KWIK
AGE GROUP(S)	Yr 5/6 Mixed Yr 5/6 Girls
TEAM/SQUAD SIZE	Max. 12 Min. 8 8 players on pitch at any one time
GENDER	Mixed competition – no specific restrictions. A boys only team IS acceptable Girls competition - Girls only
ELIGIBILITY	No restrictions 
BASIC RULES	 <p>2 wickets, 16 yards apart. One 8 over innings per team Batting side should be split into 4 pairs, with each pair batting for 2 overs each Each team starts with 200 runs. When a batter is out, 5 points is deducted and the next ball is faced by the other batter of the pair. A batter can be given out, bowled, caught, run out, stumped or hit wicket. There are no LBWs unless the batter deliberately blocks the ball with a leg or foot. 2 points will be awarded for each wide or no ball but no extra ball will be bowled except in the final over.</p>
COMPETITION ORGANIZER	Chris Vaal Wokingham CC

CRICKET



FORMAT	CRICKET SKILLS FESTIVAL
AGE GROUP(S)	Yr 3/4
TEAM/SQUAD SIZE	Min. 12 Max. 16
GENDER	Mixed. Min. 6 girls in the team.
ELIGIBILITY	Schools are asked to consider using this competition to broaden participation 
BASIC RULES	 <p>Cricket Skills based activities. Each team will rotate around challenges based on 5 key areas:</p> <ul style="list-style-type: none"> • Batting • Bowling • Catching • Throwing • Agility <p>Teams will accrue points at each station. The team with the highest total in the competition will win.</p>
COMPETITION ORGANIZER	Mark Foster Berkshire Cricket 

CRICKET



FORMAT	ALL STAR SKILLS FESTIVAL
AGE GROUP(S)	Yr 1/2
TEAM/SQUAD SIZE	Min. 8 Max. 12
GENDER	Mixed. Min. 4 girls in the team.
ELIGIBILITY	Schools are asked to consider using this competition to broaden participation 
BASIC RULES	<p>Cricket Skills based activities. Each team will rotate around challenges based on 5 key areas:</p> <ul style="list-style-type: none">• Batting• Bowling• Catching• Throwing• Agility <p>Teams will accrue points at each station. The team with the highest total in the competition will win.</p>
COMPETITION ORGANIZER	Mark Foster Berkshire Cricket 



CYCLING



FORMAT	GO RIDE
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min. 6 Max. 6
GENDER	Mixed – 3 boys and 3 girls
ELIGIBILITY	No restrictions 
BASIC RULES	<p>The competition will consist of 3 elements:</p> <ol style="list-style-type: none">1. short sprint type race up to 100m,2. an endurance race up to two minutes and3. a team race
COMPETITION ORGANIZER	Catherine Ruffley British Cycling



FOOTBALL		
FORMAT	MINI SOCCER	
AGE GROUP(S)	Yr 3/4	
TEAM/SQUAD SIZE	Max squad of 10 with 7 players on the pitch at any time	
GENDER	Min. 3 girls per squad– 2 girls must be on the pitch at all times. Please ensure you rotate girls off the pitch for a rest.	
ELIGIBILITY	No restrictions 	
BASIC RULES	 <p>Mini Soccer Rules All players must wear shin pads. <u>No studded football boots or blades to be worn</u> Games will be played on 1/4 of the pitch There will be throw ins and corners. Goal kicks must be taken from the edge of the area Goal Keeper’s may kick from their hands. There will be no offside rule played. The pass back rule applies. Rolling substitutions are allowed Matches will be played on a 3G pitch</p>	
COMPETITION ORGANIZER	FAB Academy	

FOOTBALL		
FORMAT	MINI SOCCER	
AGE GROUP(S)	Yr 5/6 girls only	
TEAM/SQUAD SIZE	Max squad of 10 with 7 players on the pitch at any time	
GENDER	Girls only	
ELIGIBILITY	No restrictions 	
BASIC RULES	 <p>Mini Soccer Rules All players must wear shin pads. <u>No studded football boots or blades to be worn</u> Games will be played on 1/4 of the pitch There will be throw ins and corners. Goal kicks must be taken from the edge of the area Goal Keeper’s may kick from their hands. There will be no offside rule played. The pass back rule applies. Rolling substitutions are allowed Matches will be played on a 3G pitch</p>	
COMPETITION ORGANIZER	Fab Academy	

GOLF



FORMAT	TRI GOLF
AGE GROUP(S)	Yr 3/4
TEAM/SQUAD SIZE	Min. 10 Max. 10
GENDER	Mixed – 5 boys and 5 girls
ELIGIBILITY	Schools are asked to consider using this competition to broaden participation 
BASIC RULES	<p>Tri Golf format</p>  <p>Teams will rotate around fun and innovative golfing challenges.</p> <p>Using standard Tri-golf equipment players will have approximately 2 minutes to practice each challenge followed by approximately 5 minutes to score as many points as possible</p>
COMPETITION ORGANIZER	Jason Sorrell Golf Foundation

GYMNASTICS



FORMAT	TEAM gymnastics- non club gymnasts
AGE GROUP(S)	Yr 1/2 Yr 3/4 Yr 5/6
TEAM/SQUAD SIZE	6
GENDER	Min. 2 boys and 2 girls
ELIGIBILITY	This competition is aimed at beginners. Participants should not be regular attendees of a non-school gym club past or present. Club Gymnasts could support the team as the captain or coach. 
BASIC RULES	 <ul style="list-style-type: none"> • Streamed tumble • Streamed trampet/springboard • Streamed vault <p>More detail on the website</p>
COMPETITION ORGANIZER	Stuart Woods Reddam House Gymnastics

GYMNASTICS



FORMAT	TEAM gymnastics- recreational club gymnasts
AGE GROUP(S)	Yr 3-6
TEAM/SQUAD SIZE	6
GENDER	None set
ELIGIBILITY	This competition is aimed at recreational club gymnasts past or present. Participants should not be competing in external club competitions. 
BASIC RULES	 <p>Gymnasts compete on 3 pieces of apparatus.</p> <ul style="list-style-type: none"> • Tumble – Floor Mats • Trampet – This can be a Trampet or a Springboard, you have a choice! • Vault – This can be a box top or vault with a springboard in front- you have a choice!
COMPETITION ORGANIZER	Pinewood Gymnastics

HOCKEY



FORMAT	In2Hockey
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min 8 and Max squad size of 10 players; 6 players on the pitch at any time
GENDER	Mixed – a minimum of 3 boys and 3 girls must be on the pitch at any one time. Please ensure you are able to rotate girls off the pitch for a rest.
ELIGIBILITY	No restrictions 
BASIC RULES	 <p>There will be no goalkeepers Standard regulation hockey sticks should be used, at an appropriate length and weight for the player. An In2Hockey ball which is lighter, but the same size as a standard hockey ball will be utilised. Penalty strokes and corners will be played as in full hockey.</p> <p>Players will not be allowed to play without shin pads and are strongly encouraged to wear gum shields. Players must wear clean trainers</p>
COMPETITION ORGANIZER	Eilish Mc Bean Berkshire Hockey

NETBALL



FORMAT	Stingers
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min. 7 Max. 9 players 5 players on the court at any one time
GENDER	Girls only
ELIGIBILITY	No restrictions 
BASIC RULES	<p>Games are played on full size courts with 9ft (2.74m) posts and a size 4 ball</p> <p>Players must shoot or pass the ball within 4 seconds. Players may defend. Only GS, GA, C, GD, & GK positions will be utilised.</p> <p>Players should rotate, according to the appropriate squad rotation sheet after each half of a match.</p>
COMPETITION ORGANIZER	Debbie Spindlow Berkshire Netball



NEW AGE KURLING



FORMAT	TEAM KURLING
AGE GROUP(S)	Primary
TEAM/SQUAD SIZE	Min. 4 Max. 4
GENDER	Mixed – no restrictions, can be all boys or all girls
ELIGIBILITY	Min of 2 on SEND register from Mainstream or Special Schools 
BASIC RULES	http://www.gbcurling.co.uk/
COMPETITION ORGANIZER	Gill Gibbs Great Britain Curling Association



ORIENTEERING



FORMAT	TEAM SCORE
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min. 12 Max. 12
GENDER	Mixed –6 boys and 6 girls within a team
ELIGIBILITY	Schools are asked to consider using this competition to broaden participation 
BASIC RULES	1 timed circuit using emit timing Children work in pairs
	
COMPETITION ORGANIZER	Denise Harper Berkshire Orienteering

RUGBY UNION



NEW

FORMAT	MEGAFEST RUGBY- EMERGING SCHOOLS
AGE GROUP(S)	Yr 3/4
TEAM/SQUAD SIZE	Min. 12 Max. 12
GENDER	Mixed –6 boys and 6 girls within a team
ELIGIBILITY	Emerging rugby playing schools will be identified by their SGO 
BASIC RULES	Teams will rotate around stations and also play tag rugby games. Rules of Tag After 6 tags, a turnover is awarded No kicking, hand offs, lineouts or scrums Tagger must hand back the tag to the tagged individual Games can be played one way or two halves RFU Rugby continuum allows for a maximum playing time of 70 minutes for years 3, 4, 5 & 6 at any given festival This competition will be run as a participation event only and teams will not be placed.
	
COMPETITION ORGANIZER	Nicola Mc Combe Berkshire Rugby Development Manager, Rugby Football Union

Further information on sports competitions can be found on www.getberkshireactive.org

RUGBY UNION



FORMAT	TAG RUGBY- EMERGING SCHOOLS 
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min 8 and Max squad size 12 8 players on pitch at any one time
GENDER	None set
ELIGIBILITY	Emerging rugby playing schools will be identified by their SGO 
BASIC RULES	 <p>After 6 tags, a turnover is awarded No kicking, hand offs, lineouts or scrums Tagger must hand back the tag to the tagged individual Games can be played one way or two halves RFU Rugby continuum allows for a maximum playing time of 70 minutes for years 3, 4, 5 & 6 at any given festival</p> <p>This competition will be run as a participation event only and teams will not be placed.</p>
COMPETITION ORGANIZER	Nicola Mc Combe Berkshire Rugby Development Manager, Rugby Football Union

RUGBY UNION



FORMAT	TAG RUGBY- Girls 
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min 8 and Max squad size 12 8 players on pitch at any one time
GENDER	Girls only
ELIGIBILITY	Emerging rugby playing schools will be identified by their SGO 
BASIC RULES	 <p>After 6 tags, a turnover is awarded No kicking, hand offs, lineouts or scrums Tagger must hand back the tag to the tagged individual Games can be played one way or two halves RFU Rugby continuum allows for a maximum playing time of 70 minutes for years 3, 4, 5 & 6 at any given festival</p> <p>This competition will be run as a participation event only and teams will not be placed.</p>
COMPETITION ORGANIZER	Nicola Mc Combe Berkshire Rugby Development Manager, Rugby Football Union

TENNIS



FORMAT	MINI TENNIS ORANGE
AGE GROUP(S)	Yr 5/6
TEAM/SQUAD SIZE	Min. 4 Max. 4
GENDER	Mixed – 2 boys & 2 girls within a team
ELIGIBILITY	<p>This competition is aimed at beginners. Tennis players maybe part of a club or receive coaching but cannot be rated as below. Rated players could support the team as a non playing captain or coach. </p> <p>Players must not have an ORANGE rating of 3, 2 or 1* nor be rated at GREEN 3, 2, 1 or 1* or yellow level of 10.1 or lower. Ratings of players can be checked here by providing 2 pieces of information on the LTA website</p>
BASIC RULES	<p>Court dimensions 12m x 6m</p> <p>Singles format. Matches will be played in a tiebreak format with simple scoring (1-0, 2-0, 2-1, 3-1 etc). Matches will either be first to 10 with sudden death at 9-9 or will be timed (i.e. 5 minutes).</p> <p>Players will be seeded by gender.</p> <p>The ball may bounce once only and must land within the confines of the court. The ball may not bounce before crossing the net to the opponent's side.</p> <p>Serves may be made overarm or underarm from the back of the court. The ball must travel diagonally and land within the service box and the serve must be made without letting the ball bounce first.</p> <p>'Mini tennis orange' balls will be used, and rackets no longer than 25" will be permitted.</p>
COMPETITION ORGANIZER	Janet Jamieson



TENNIS



FORMAT	MINI TENNIS RED
AGE GROUP(S)	Yr 3/4
TEAM/SQUAD SIZE	Min. 8 Max. 8
GENDER	Mixed – 4 boys & 4 girls within a team
ELIGIBILITY	<p>Year 3&4 Mini Tennis Red competitions are aimed at young people who are new or beginners to the game, not for those who are regularly competing in Mini Tennis competitions outside of school. If a young person is regularly competing, they already get plenty of other opportunities to play we would still encourage schools to involve these young players by giving them a role such as team captain or assistant coach. Players must not have a rating at ORANGE 3, 2, 1 or 1* or GREEN 3, 2, 1 or 1*</p> <p>Ratings of players can be checked here by providing 2 pieces of information on the LTA website</p>
BASIC RULES	<p>Court dimensions 12m x 6m</p> <p>Singles format. Matches will be played in a tiebreak format with simple scoring (1-0, 2-0, 2-1, 3-1 etc). Matches will either be first to 10 with sudden death at 9-9 or will be timed (i.e. 5 minutes).</p> <p>Players should be seeded 1-8 strictly by ability & irrespective of gender.</p> <p>Each seed will play matches against opponents of corresponding seed (i.e. seed 1 vs seed 1, 2 vs 2, 3 vs 3 etc).</p> <p>The ball may bounce once only and must land within the confines of the court. The ball may not bounce before crossing the net to the opponent's side.</p> <p>Serves may be made overarm or underarm from the back of the court. The ball must travel diagonally and land within the service box and the serve must be made without letting the ball bounce first.</p> <p>'Mini tennis orange' balls will be used, and rackets no longer than 25" will be permitted.</p>
COMPETITION ORGANIZER	Janet Jamieson



Further information on sports competitions can be found on www.getberkshireactive.org