



SCHOOL GAMES

SECONDARY SCHOOL HANDBOOK 2019/20



Further information on sports competitions can be found on www.getberkshireactive.org

Introduction

Welcome to the Berkshire School Games. This Primary School Handbook provides details of all the entry requirements for each of the competitions running at County level as well as some general information.

There are three delivery mechanisms for the County level events in Berkshire.

1. Badged Events

These events are standalone events run during the school day- typically for an afternoon or morning though sometimes are all day events.

2. Winter Games

This is a multisport event day held at **Bisham Abbey -26th March 2020**. Teams should expect to attend all day. Timings of events will be announced early March.

3. Summer Games

This is a multisport event day held at **Bisham Abbey 10th July 2020**. Teams should expect to attend all day. Timings of events will be announced early June.

Eligibility in County level events

Last academic year we made some significant changes to the formats of many of the competitions, in order to increase the number of schools and participants accessing the County level events. Both School Games Organisers and the Berkshire School Games Local Organising committee have Key Performance Indicators this academic year (expected by funders) which expect us to broaden participation to allow a larger proportion of young people to access competitions.

Inclusive Competitions

We run competitions/festivals to provide more opportunities for more young disabled people from mainstream and special schools to take part but we also hope that all schools will review the integration of young disabled people into all of the competitions/festivals. Special schools interested in taking part in any of the mainstream competitions should speak with their SGOs about how the eligibility criteria can be adapted to support them taking part in School games area level competitions.

Late withdrawals and no shows

We understand the difficulties that schools have getting teams to attend the Berkshire School Games in light of other school pressures. Every year we gather feedback from schools and participants and one of their biggest frustrations is the lack of team entries in some of the competitions on the day. With only 8 max. teams in the majority of the competitions the knock on effect of a withdrawal can be huge for both the organiser (who has already planned the playing schedule) and those schools that have taken the day out of school for an event and expect to play a number of 'matches'. We ask schools consider an earlier withdrawal (min 2 weeks) that enables SGOs to find a replacement school.

Further information on sports competitions can be found on www.getberkshireactive.org

FORMAT OF COMPETITONS & REPRESENTATION

We will be using the following format for the County level School Games events. We will run 5 styles of events:

 <p>Competitive</p>	<p>Truly competitive events with no eligibility criteria set (though may have gender splits). Winner of School games area level competitions to compete at County level. A school may enter any number of competitive events at County level. However, if they are unable to field all teams for which they win at School games area level team for the correct age group e.g. Yr 5/6 for a Yr 5/6 competition they should not send younger children as an alternative and instead should allow the 2nd or 3rd place teams to take their place.</p>
 <p>Developing New Players</p>	<p>Eligibility criteria is set to engage new (novice) participants into the sport. Entry is unrestricted; a school may enter any number of these events at County level.</p>
 <p>Broadening Participation</p>	<p>Sports/Competitions that we feel provide opportunities for schools to involve different children in representing their school if they so wish. We understand that small schools may not be able to do this. Schools may represent their area in only one of these competitions per age group e.g. Year 3/4 and Yr 5/6 at each of the two main event days (but any number of badged events). A school may still represent in one of these competitions even if they are taking part in the competitive competitions (but ensure they can field all teams appropriately). The schools involved in these competitions will be the winners of the School games area level events (where they are in place). If a school wins more than one School games area level competition, they may select which competition they wish to attend. The second then third placed team will then be asked to represent the SSN in the other competition. Schools may want to consider opening up the opportunity to different pupils at the School games area level events if they have already won a L2 event in this category.</p>
 <p>Inclusive</p>	<p>Competitions that include young people from both special schools and mainstream schools. Entry is unrestricted, a school may still represent in one of these competitions even if they are taking part in the other competitions.</p>
 <p>Festival</p>	<p>Opportunities for pupils to participate and represent their school at a County level event in a format that is less competitive; no medals are awarded. These schools will be identified by their SGOs. There is no link to School games area level competitions. Ideally, schools will be identified who are not regular attendees at County level events.</p>

School Responsibilities

The Berkshire School Games is a school event and it is expected that all teams travelling will be attending as a school team. As with all school trips you are required to complete your regular off site forms for your school. We expect all teams to abide by their school policy on use of adult helpers to support the teams travelling to the event and providing support on the day. The school will have ultimate responsibility for the safeguarding their pupils at the event. Schools should bring First Aid kits and First Aiders to all events. Please note that we provide paramedics support at both our multisport event days but not our Badged Events.

Please ensure that all your team members have the following parent/carer consent in place prior to the day:

- Attendance at this event,
- Travel arrangements
- Photographic/Video permission to include use of photographs/video footage in Berkshire School Games promotion for this and future media use. You are asked to evidence photographic consent and agreement to the code of conduct on the Registration Form
- Registration forms must be signed by the **Headteacher** and bought on the day.

Photographic/Video consent

All pupils without photographic consent will be asked to wear a wristband on the day; this will be provided at registration. Teachers are asked to help ensure these pupils are not photographed. Registered photographers will be made aware not to take photos of these individuals and all in-house publicity shots will be checked before publication. Parents should be made aware that their child may appear in long shot or wide frame pictures but we will endeavour to ensure they won't be identifiable. Spectators may also take photographs. If parents are not happy with this then they should not send their child to the event. Photo and video footage will be used for promotional purposes by Berkshire School Games and its partners.

Registration

On arrival at the events each team should make its way to the Registration area. Team Managers are responsible for completing the registration form. Further information will be sent to School games area level winners.

Young Officials

The Berkshire School Games is an event for young people run by young people. We are proud of our record of over 400 young people being involved in running the events each year. We endeavour to train young officials and leaders to support the delivery of all the events but we ask staff, parents and pupils to be mindful that they will not be experts yet and to keep this in mind when dealing with our fantastic young officials and leaders.

Further information on sports competitions can be found on www.getberkshireactive.org

Code of Conduct

Registration forms ask schools to agree to the following code of conduct which is based around the 7 Olympic & Paralympic Values. You may feel that you would like to ask each participant to sign a code of conduct as part of their attendance to highlight the link to the Olympic & Paralympic Games.

Code of Conduct for Team Managers and on behalf of their participants and adult helpers

As a responsible Team Manager you, your adult helpers and participants will:

- **RESPECT**
Cooperate fully with others involved in the sport such as officials, team managers and representatives of the governing body (sports leaders) in the best interests of the participants and competition.
- **EQUALITY**
Respect the rights, dignity and worth of every participant, official and others involved in the event. Challenge inappropriate behaviour and language by others. Treat everyone equally.
- **DETERMINATION**
Take responsibility for yourself and your team at all times. Be well mannered and sensible at all times
- **EXCELLENCE**
Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances. Encourage your team to do the best they can.
- **INSPIRATION**
Be a role model and lead by example. Refrain from swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others. Not carry or consume alcohol and/or illegal substances.
- **FRIENDSHIP**
Encourage everyone to work together to achieve their best when competing and to support each other through the day. Make friends with new people.
- **COURAGE**
Ensure that all team members show sportsmanship at all times and challenge those who do not.

Further information on sports competitions can be found on www.getberkshireactive.org

Overview of County level Secondary School Competitions

Sport	Format	Event Style	Age Group	Squad size (Min:Max)	Gender Split	No. of Teams/ Area	Date	Venue
Athletics	Sportshall	Competitive	Yr 8	5:8	Boys	2	25 th March	Bisham Abbey NSC
					Girls	2	25 th March	Bisham Abbey NSC
Badminton	National Schools Championships	Competitive	Yr 7/8	4:5	Boys	Subject to NSC entries	7 th February	Bohunt School
					Girls		7 th February	Bohunt School
			Yr 9/10	4:5	Boys		7 th February	Bohunt School
					Girls		7 th February	Bohunt School
Basketball	Unified	Inclusive	Secondary & Sixth form	10	None set	Open	TBC June	Reading University
Boccia	Open	Inclusive	Secondary & Sixth form	3	None Set	1	25 th March	Bisham Abbey NSC
Cricket	SEN Skills	Inclusive	Secondary & Sixth form		None set	Open	10 th July	Bisham Abbey NSC
Football	Girls 7-a-side	Competitive	Yr 7/8	7:10	Girls only	1	25 th March	Bisham Abbey NSC
Handball		Competitive	Yr 9/10	7;10	Boys only	Open	10 th July	Bisham Abbey NSC
		Competitive	Yr 9/10	7:10	Girls only	Open	10 th July	Bisham Abbey NSC
Hockey	Rush Hockey	Competitive	Yr 7/8	5:10	Min. 3 girls	Open	10 th July	Bisham Abbey NSC
Netball	7-a-side	Competitive	Yr 7	7:10	Girls only	1	TBC March	Theale Green
New Age	Team Kurling	Inclusive	Secondary & sixth form	4	None Set	1	10 th July	Bisham Abbey NSC
Pentathlon	Laser shooting & run	Competitive	Yr 7/8	1	None Set	Open	10 th July	Bisham Abbey NSC
			Yr 9/10		Nine Set	Open	10 th July	Bisham Abbey NSC
Rowing	Indoor	Competitive	Yr 7/8	4	Boys	1	10 th July	Bisham Abbey NSC
					Girls	1	10 th July	Bisham Abbey NSC
			Yr 9/10		Boys	1	10 th July	Bisham Abbey NSC
					Girls	1	10 th July	Bisham Abbey NSC
Rugby Union	Girls Contact	Festival	Yr 7/8	10:15	Girls only	Open	TBC March	Reading RFC
	Girls Contact	Competitive	Yr 9/10	10:15	Girls only	Open	25 th March	Bisham Abbey NSC
	SEN Tag	Competitive	Secondary & sixth form	8:12	None set	Open	25 th March	Bisham Abbey NSC
Ultimate Frisbee	4-a-side	Competitive	Yr 7/8	6:8	Min. 3 girls	Open	10 th July	Bisham Abbey NSC
			Yr 9/10	6:8	Min. 3 girls	Open	10 th July	Bisham Abbey NSC



Winter Games



Summer Games



Badged Event

Further information on sports competitions can be found on www.getberkshires.com

ATHLETICS



FORMAT	SPORTSHALL																						
AGE GROUP(S)	Yr 8 Girls Yr 8 Boys																						
TEAM/SQUAD SIZE	Min. 5 Max. 8																						
GENDER	Separate boys and girls competitions																						
ELIGIBILITY	No restrictions 																						
BASIC RULES	<p>Each athlete may compete in a maximum of 3 track and 2 field events from the follow:</p> <table border="1"> <tr> <td>2 Lap Individual Race</td> <td>2 Athletes</td> </tr> <tr> <td>4 Lap Individual Race</td> <td>2 Athletes</td> </tr> <tr> <td>8 Lap Paarlauf</td> <td>2 Athletes</td> </tr> <tr> <td>6 Lap Individual Race</td> <td>1 Athlete</td> </tr> <tr> <td>Obstacle Relay</td> <td>4 Athletes</td> </tr> <tr> <td>4 x 2 Lap Relay</td> <td>4 Athletes</td> </tr> <tr> <td>Shot</td> <td>2 Athletes</td> </tr> <tr> <td>Speed Bounce</td> <td>2 Athletes</td> </tr> <tr> <td>Standing Long Jump</td> <td>2 Athletes</td> </tr> <tr> <td>Standing Triple Jump</td> <td>2 Athletes</td> </tr> <tr> <td>Vertical Jump</td> <td>2 Athletes</td> </tr> </table> <p>It is inappropriate for an athlete to contest both the 2 and 4 lap Individual Races or the 6 lap and 8 lap Paarlauf events. Please select your team accordingly. Athletes will not be permitted to compete in bare feet or unsuitable footwear.</p>	2 Lap Individual Race	2 Athletes	4 Lap Individual Race	2 Athletes	8 Lap Paarlauf	2 Athletes	6 Lap Individual Race	1 Athlete	Obstacle Relay	4 Athletes	4 x 2 Lap Relay	4 Athletes	Shot	2 Athletes	Speed Bounce	2 Athletes	Standing Long Jump	2 Athletes	Standing Triple Jump	2 Athletes	Vertical Jump	2 Athletes
2 Lap Individual Race	2 Athletes																						
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Shot	2 Athletes																						
Speed Bounce	2 Athletes																						
Standing Long Jump	2 Athletes																						
Standing Triple Jump	2 Athletes																						
Vertical Jump	2 Athletes																						
COMPETITION ORGANIZER	Eddie Parsons																						

BASKETBALL



FORMAT	Unified
AGE GROUP(S)	Secondary & Sixth form
TEAM/SQUAD SIZE	Min. 5 Max. 10
GENDER	None Set
ELIGIBILITY	In a squad of 5 min 3 SEN pupils. In a squad of 10 min 5 SEN pupils 
BASIC RULES	<p></p> <ul style="list-style-type: none"> • Size 6 Basketball • 5 players on the court at all times including 3 SEN pupils and 2 partners • Basket is 10 ‘ • A player may 2 steps beyond that usually allowed by NGB rules • Some players will be allowed to start dribbling with 2 hands
COMPETITION ORGANIZER	Steph Johnson Reading Rockets

BADMINTON	
FORMAT	
AGE GROUP(S)	Yr 10/11 Boys & Yr 10/11 Girls Yr 7-9 Boys & Yr 7-9 Girls
TEAM/SQUAD SIZE	Min. 4 Max. 5
GENDER	Girls competitions Boys competitions
ELIGIBILITY	No restrictions 
BASIC RULES	 <p>Each match will consist of 5 games: 2 x singles and 3 x doubles, with each player playing 2 games. This is shown in the playing format for a match below:</p> <p>1st Game: Singles (No.1 ranked player in the team)</p> <p>2nd Game: Doubles (the 2 players not selected for a singles game)</p> <p>3rd Game: Singles (No. 2 or 3 ranked player chosen for singles)</p> <p>4th Game: Doubles (first singles player + either one of non-singles players)</p> <p>5th Game: Doubles (second singles player + the other non-singles player)</p>
COMPETITION ORGANIZER	Steph Holden and Badminton England



BOCCIA	
FORMAT	OPEN
AGE GROUP(S)	Secondary (& Sixth Form SEN students)
TEAM/SQUAD SIZE	Min. 3 Max. 3
GENDER	None Set
ELIGIBILITY	<p>Pan Disability. Open to all pupils who have SEN or disability that would exclude them from other mainstream/disability competitions at the School Games, though we would urge you to include those with a severe functional disability whenever possible</p> 
BASIC RULES	 <p>A ball can be propelled by rolling, throwing or kicking. If a player is unable to throw or kick it, they can use a 'ramp' (assistive device). If they are unable to release the ball with their hands players can use a head pointer. All players must be seated during the game. Singles and pair matches are four ends and team matches are six ends. One point is awarded for every ball of the same colour, which is closest to the jack.</p>
COMPETITION ORGANIZER	SportsAble



CRICKET



FORMAT	SEN WORLD CUP CRICKET SKILLS
AGE GROUP(S)	SECONDARY & SIXTH FORM
TEAM/SQUAD SIZE	Min 8 Max. 10; TEAM of 8
GENDER	None Set
ELIGIBILITY	Open to all SEN schools and SEN Units in Mainstream schools 

BASIC RULES



Cricket Skills based activities. Each team will rotate around challenges based on 5 key areas:

- Batting
- Bowling
- Catching
- Throwing
- Agility

Teams will accrue points at each station. The team with the highest total in the competition will win.



COMPETITION ORGANIZER	Mark Foster Berkshire Cricket
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FOOTBALL



FORMAT	GIRLS 7-A-SIDE FOOTBALL
AGE GROUP(S)	Yr 7/8
TEAM/SQUAD SIZE	Min. 7 Max. 10 with 7 players on the pitch at any time
GENDER	Girls only
ELIGIBILITY	No restrictions 

BASIC RULES



Size 4 football
 Unlimited subs
 No offside
 No sliding tackles
 Free kicks -players must be 2 yds away
 Sin bin- yellow card 2 minutes; red card whole game.

Competition will be on a 3G pitch therefore no blades allowed

COMPETITION ORGANIZER	FAB Academy
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HANDBALL



FORMAT

AGE GROUP(S) Yr 9/10 Boys and Yr 9/10 Girls

TEAM/SQUAD SIZE Min 7 Max. 10

GENDER Separate Boys and Girls competitions

ELIGIBILITY Open to all schools



BASIC RULES

- Court size – equivalent to a netball court with a 6m marked out of tape or cones
- Goal size – 2m tall, 3m wide (same as a futsal goal)
- Only the goal keeper is allowed within the goal area.
- No pass backs to the goal keeper
- No body contact (Minimal Contact... Only contact with opponent when face to face and an effort is being made to play for the ball.)
- Dribbling permitted – no double dribbling (bounce the ball, catch it and bounce it again)
- An attacking player cannot charging through a defending player
- Only 3 steps allowed when holding the ball
- Only 3 seconds allowed when holding the ball
- Dissent to the referee will result in a 1-2 minute sin bin.
- A free throw is taken from the position of infringement (after waiting for a whistle). Defending players must be 3m away, and you CAN score directly from a free throw (but without jumping/leaving the ground).
- A penalty throw is taken from the 7m line (official court). One foot must remain on the floor at all times. The keeper can stand anywhere behind the 4m line and can move before the throw is taken.
- The 9m line is considered the foul line and any foul committed within the 6m to 9m areas will be reset on the 9m, dashed line. The defenders will be told to start back to the 6m line to ensure they are 3m away from the spot of the foul throw.



COMPETITION ORGANIZER TBC

HOCKEY



FORMAT

AGE GROUP(S) Yr 7/8 Mixed

TEAM/SQUAD SIZE Min 5 Max. 8

GENDER Min 3 girls in squad and 2 on the pitch at all times

ELIGIBILITY Open to all schools



BASIC RULES

- 5 a-side- third hockey pitch
- Samba goals, smaller lighter balls.
- No goalkeeper

Players can shoot from anywhere into the Rush Hockey goal. When a goal is scored the ball returns to the middle of the pitch.

Players should try to use the flat side of their stick.

Rush Hockey is a non-contact sport.

Players should try to keep the ball away from their feet; if it accidentally touches them just keep playing.

Players are unable to deliberately use their body to prevent the ball going into the goal – remember there are no Goalkeepers.

If the ball goes off the sideline then the ball is turned over to the opposition.

If the ball goes off the baseline then the defending team are awarded the ball.

shin pads and gum shields must be worn



COMPETITION ORGANIZER TBC



NETBALL

FORMAT	7-a-side
AGE GROUP(S)	Yr 7
TEAM/SQUAD SIZE	Min. 7 Max. 9 players 7 players on the court at any one time
GENDER	Girls only
ELIGIBILITY	No restrictions 
BASIC RULES	Standard Netball rules apply
	
COMPETITION ORGANIZER	Debbie Spindlow Berkshire Netball



NEW AGE KURLING

FORMAT	TEAM KURLING
AGE GROUP(S)	Secondary & Sixth form
TEAM/SQUAD SIZE	Min. 4 Max. 4
GENDER	None Set
ELIGIBILITY	Min of 2 on SEND register from Mainstream or Special Schools 
BASIC RULES	http://www.gbcurling.co.uk/
	
COMPETITION ORGANIZER	Gill Gibbs Great Britain Curling Association

PENTATHLON



FORMAT	LASER RUN
AGE GROUP(S)	Yr 7/8 Individual Yr 9/10 Individual
TEAM/SQUAD SIZE	Individual
GENDER	Events will be held for individual boy/girl
ELIGIBILITY	No previous experience of laser shooting is required. 
BASIC RULES	 <ul style="list-style-type: none">• Individual races• Individuals will be allocated a time slot for their race.• Races consist of a timed shoot (20 shots) and a 400m run.• Participants will shoot from a distance of approx. 7m• For Yr 7/8 that will be 3 runs and 3 shoot• For Yr 9/10 that will consist of 4 runs and 4 shoot• Individuals with the quickest time/highest point combination will win.
COMPETITION ORGANIZER	Pentathlon GB

ROWING



FORMAT	INDOOR
AGE GROUP(S)	Year 7/8 Boys Year 7/8 Girls Year 9/10 Boys Year 9/10 Girls
TEAM/SQUAD SIZE	Min. 4 Max. 4
GENDER	Girls only competitions Boys only competitions
ELIGIBILITY	No restrictions 
BASIC RULES	 <p>All competitors will participate in both individual races and 2 frantic relays.</p> <p>NB. For individual races, schools (teachers and participants) need to be aware of competitor seedings.</p> <p>Further information can be found at http://ir4yp.britishrowing.org/sgo</p>
COMPETITION ORGANIZER	Dan Hetherington British Rowing

RUGBY UNION



FORMAT	GIRLS CONTACT
AGE GROUP(S)	Yr 9/10
TEAM/SQUAD SIZE	Min. 10 and Max. 15 7 players on pitch at any one time
GENDER	Girls only
ELIGIBILITY	None 
BASIC RULES	 <p>All players must wear a mouth guard No trainers allowed 10-a-side - 4 subs can be used in any one game, rolling substitutions - Max squad of 16 - 5 Player Scrums – UNCONTESTED - Half a full size pitch - Hand-offs allowed - No Kicking out-of hand or for touch - Kick-Offs and 22 drops replaced by tap free kick - 4 players in the line out, no 'long' or 'quick' throws - No limit on number of players who can join a ruck or maul situation</p>
COMPETITION ORGANIZER	Nicola McComb Berkshire Rugby Development Manager, Rugby Football Union

RUGBY UNION



FORMAT	SEN TAG
AGE GROUP(S)	Secondary & Sixth form
TEAM/SQUAD SIZE	Min 8 and Max squad size 12 8 players on pitch at any one time
GENDER	Mixed
ELIGIBILITY	None 
BASIC RULES	 <p>After 6 tags, a turnover is awarded No kicking, hand offs, lineouts or scrums Tagger must hand back the tag to the tagged individual Games can be played one way or two halves</p>
COMPETITION ORGANIZER	Joe Pegg London Irish

RUGBY UNION



FORMAT	GIRLS CONTACT FESTIVAL						
AGE GROUP(S)	Yr 7/8						
TEAM/SQUAD SIZE	Min. 7 and Max. 12 7 players on pitch at any one time						
GENDER	Girls only						
ELIGIBILITY	None						
BASIC RULES	<p>All players must wear a mouth guard No trainers allowed</p> <table border="1"> <tr> <td>7 a-side</td> </tr> <tr> <td>3 player scrums</td> </tr> <tr> <td>No kicking from hands</td> </tr> <tr> <td>No hands off</td> </tr> <tr> <td>No line-out</td> </tr> </table>		7 a-side	3 player scrums	No kicking from hands	No hands off	No line-out
7 a-side							
3 player scrums							
No kicking from hands							
No hands off							
No line-out							
COMPETITION ORGANIZER	Nicola Mc Comb Berkshire Rugby Development Manager, Rugby Football Union						

ULTIMATE FRISBEE



FORMAT	4-A-SIDE	
AGE GROUP(S)	Yr 7/8 and Y9/10	
TEAM/SQUAD SIZE	Min. 6 Max. 8. Max. 4 on the pitch at any time.	
GENDER	Mixed – Min. 3 girls in the squad with 2 girls and 2 boys on the pitch at any time.	
ELIGIBILITY	None set 	
BASIC RULES	<p>A rectangular field with two end zones 30m x15m Each point starts with both teams lining up on the front of their endzones. The team that throws the pull is on defence. The team receiving the pull are trying to score in the endzone the defending team pulled from. When the team in possession of the disc completes a pass in the other team's endzone, they score a point! When your team scores: stay in the endzone you score in and keep the disc, the game stops and you "2. Start Play!" again. The disc can be passed in any direction to any teammate. You cannot run when you have the disc. The person with the disc ("thrower") has 10 seconds to throw. When a pass is not completed (e.g. when it lands on the floor, lands out of bounds, is dropped, knocked to the floor by a defender or caught/intercepted by a defender), the once defending team immediately takes possession of the disc and becomes the offence team, and are now trying to score in the other endzone. Players must avoid making contact, no physical contact is allowed between players. A foul occurs when contact is made.</p>	
COMPETITION ORGANIZER	Mark Bignal	

