

RUN JUMP THROW

Teaching Secondary Schools Athletics

An exciting NEW workshop for Secondary School Teachers and those wishing to deliver athletics in curricular and extra-curricular time

The workshop is packed full of useful teaching tips and ideas:

- Interactive and practical course
 - Available in 4 and 6 hours formats
 - Up to 24 candidates per workshop
- Each candidate will receive access to extensive Secondary Teaching Resources within the Athletics Schools app including:
 - Examples of Schemes of Work and Lesson Plans
 - Technical Tips on how to Teach Sprints, Endurance, Jumps and Throws events
 - Activity cards covering a full range of athletics events for pupils aged 11+



For details see: www.Englandathletics.org/teachingathletics

Teaching Secondary Schools Athletics - Teachers Workshop

This is a practical course aimed at qualified and trainee teachers and those supporting the management and delivery of high quality sport and physical education in secondary schools.

Cost: £650 for 4 hour workshop or £750 for 6 hour workshop (maximum 24 candidates). Cost includes access to the Secondary Schools Teaching Content on the Schools Athletics app for every candidate, tutor fees and administration fees.

The Resource

The supporting resource for this course will be the **NEW School Athletics App** which is designed to support teachers, schools and those delivering athletics within schools, to provide young people with a high quality, fun and enjoyable experience of athletics. Anyone attending the **Teaching Secondary Schools Athletics - Teachers Workshop** will receive free access to the **Secondary Schools teaching bundle**, and several other elements of this amazing App.

The **Secondary Schools teaching resource** builds on the key underpinning movement skills of running, jumping and throwing. Running, jumping and throwing movements underpin nearly all other sports and physical activities meaning this resource can complement teaching of many other sports.

The App contains information on developing Schemes of Work and Lesson Plans, providing progressive teaching for all athletics events; delivering fun inclusive lessons and activities, and enabling pupils to measure and record their progress.

The Schools Athletics App supports the provision of high quality progressive teaching for athletes from novice to advanced levels. The App is split into three main sections for Secondary Schools:*

Secondary School Athletics Intro

This section provides an introduction to the resource and explains how it can be used to maximise your teaching of athletics. It includes how to measure a pupil's personal progression and development through athletics activities, awards programmes and competitions.

Teaching Secondary Schools Athletics

This section of the App explains how to develop Schemes of Work, Lesson Plans, provide progressive teaching for all athletics events and deliver fun inclusive lessons and activities.

The Teaching Secondary Schools Athletic Section covers:

- **Running** (Sprints, Sprint Starts, Hurdles, Relays, Endurance Running & Race Walking)
- **Jumping** (Long Jump, Triple Jump, High Jump and Pole Vault)
- **Throwing** (Shot Put, Javelin, Discus and Hammer)

You will find the Teaching Progressions for each event along with a series of Activity Cards to help deliver them in a fun, engaging manner for all pupils. Many Activity cards are linked to an online library of video clips (requires wifi connection) which provide further support.

Schools Awards and Competitions

This section contains Awards Programmes and Competition formats designed with the school environment in mind. Awards Programmes and supporting resources can be accessed to help measure a pupil's progression. Short form, exciting competition formats and the appropriate supporting resources to deliver these, can be accessed via the app to help with the delivery of inter and intra school's competitions.

* In App purchase required for some content

Developed in partnership by:



For details see: www.englandathletics.org/teachingathletics