






# Get Berkshire Active- Disability Sports Club Directory 2018




	Club Name	Contact Person/Contact Details	Aimed at	Extra Information	Training Address
<b>Archery</b>					
	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Sportsable Centre, Braywick Road, SL6 1BN
<b>Athletics</b>					
	Berkshire Vision	<b>Linda Maestranzi:</b> linda@berkshirevision.org.uk 0118 987 2803	Visually Impaired		
	No Limits Sports & Leisure	<b>Nigel Trumper:</b> nigel.trumper@nolimits-sports.co.uk	Learning Disability and/or difficulties		West Berkshire
	Reading Athletics Club	<b>Christine Bradfield:</b> cab36boston@hotmail.com	Inclusive for All		Palmer Park Sports Stadium, RG6 1LF
<b>Athletics (Guided Running)</b>					
	Maidenhead Athletics	<b>Amanda Tiplady:</b> <a href="mailto:Amanda.tiplady@btinternet.com">Amanda.tiplady@btinternet.com</a>	Visually Impaired		Sportsable or Maidenhead AC, Braywick Sports Ground, SL6 1BN
	Reading Athletics Club	<b>Julie Rayfield:</b> <a href="mailto:julierayfield@mac.com">julierayfield@mac.com</a>	Visually Impaired		Palmer Park Sports Stadium, RG6 1LF
<b>Badminton</b>					
	No Limits Sports & Leisure	<b>Nigel Trumper:</b> <a href="mailto:nigel.trumper@nolimits-sports.co.uk">nigel.trumper@nolimits-sports.co.uk</a> 077255 25252	Learning Disability		West Berkshire
	Reading and Wokingham CBN	<b>Ed Whitesmith:</b> <a href="mailto:ed.whitesmith@woodley.gov.uk">ed.whitesmith@woodley.gov.uk</a>			Woodford Park, Leisure Centre, RG5 4LY
	Sport in Mind	<b>Neil Harris:</b> <a href="mailto:Neil.harris@sportinmind.org">Neil.harris@sportinmind.org</a>			Various

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Baseball (Beep Ball)					
	Berkshire Hawks Beep Ball Club	<b>Linda Maestranzi:</b> linda@berkshirevision.org.uk 0118 987 2803	Visually Impaired		Slough
Basketball					
	Reading Rockets	<b>Steph Johnson:</b> steph.johnson@readingrockets.co.uk	14-19 yrs old Autism		Meadway Leisure Centre Reading
Boccia					
	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Sportsable Centre, Braywick Road, SL6 1BN
Cricket					
	Berkshire Stags	<b>Jeanette Stacey:</b> sports@bcbs.org.uk 0118 987 2803	Visually Impaired		Midleton House, 5 Erleigh Road, Reading, RG1 5LR
	No Limits Sports & Leisure	<b>Nigel Trumper:</b> <a href="mailto:nigel.trumper@nolimits-sports.co.uk">nigel.trumper@nolimits-sports.co.uk</a> 077255 25252	Learning Disability and/or difficulties		West Berkshire
Cycling					
	No Limits Sports & Leisure	<b>Nigel Trumper:</b> <a href="mailto:nigel.trumper@nolimits-sports.co.uk">nigel.trumper@nolimits-sports.co.uk</a> 077255 25252	Learning Disability and/or difficulties		West Berkshire
	Wheels for All	<b>Matthew Wing:</b> <a href="mailto:Matthew.wing@cycling.org.uk">Matthew.wing@cycling.org.uk</a>	Inclusive for All		Bisham Abbey, SL7 1RR
Dance					
	Wokingham Active (WAAN) Zumba	<b>Wokingham Borough Council Sport and Leisure Team:</b> <a href="mailto:Sian.attard@wokingham.gov.uk">Sian.attard@wokingham.gov.uk</a>	Physical and Learning Disability		Wokingham

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### Dragon Boating

	Berkshire Sharks	<b>Linda Maestranzi:</b> linda@berkshirevision.org.uk 0118 987 2803	Visually Impaired		Wokingham Waterside, Reading
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### Football

	Barton Rovers Eagles	<b>Jan Read:</b> 07981 522833 <b>Sarah Legg:</b> 07983 467003 Barton.eagles.football@gmail.com	Inclusive for All		Tilehurst, Berkshire
	Henley YMCA	<b>Mike Ray:</b> m.ray103@ntlworld.com 07504 435798	Learning Disabilities Ages 13+		Henley YMCA, RG9 1NZ
	No Limits Sports & Leisure	<b>Nigel Trumper:</b> <a href="mailto:nigel.trumper@nolimits-sports.co.uk">nigel.trumper@nolimits-sports.co.uk</a> 077255 25252	Learning Disability and/or difficulties		West Berkshire
	Reading FC	<b>Dan Rook:</b> drook@readingfc.co.uk	Adult, U16 Female, Deaf, Cerebral Palsy and Powerchair Teams		

### Golf

	Feel Inspired Golf Academy	<b>Alan Leason:</b> <a href="mailto:alan.leason@btopenworld.com">alan.leason@btopenworld.com</a> 01189 9698730 or 07774805644	Special Educational Needs Ages 10-18years		Sand Martins Golf Club Wokingham Wexham Park Golf Club, Slough
	SportsAble	<b>Niall Mcaffrey:</b> niall.mcaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Birds Hill Gold Club, Billingbear Golf Club, Other local clubs
	Berkshire Vision	<b>Linda Maestranzi:</b> linda@berkshirevision.org.uk 0118 987 2803	Visually Impaired		

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Gym					
	No Limits Sports & Leisure	<b>Nigel Trumper:</b> <a href="mailto:nigel.trumper@nolimits-sports.co.uk">nigel.trumper@nolimits-sports.co.uk</a> 077255 25252	Learning Disability and/or difficulties		West Berkshire
	West Berkshire Therapy Centre	<a href="mailto:info@westberkshiretherapycentre.org.uk">info@westberkshiretherapycentre.org.uk</a> 01635 864561	Open to people with a wide range of conditions- please see website		West Berkshire and Surrounding Areas
Health and Wellbeing					
	SportsAble Sit up and Stretch	<b>Niall Mccaffrey:</b> <a href="mailto:niall.mccaffrey@sportsable.co.uk">niall.mccaffrey@sportsable.co.uk</a> <b>Damian Ng:</b> <a href="mailto:damian.ng@sportsable.co.uk">damian.ng@sportsable.co.uk</a> 01628 627690	Physical and Sensory Disabilities		Sportsable Centre, Maidenhead, SL6 1BN
	Wokingham Active (WAAN) Seated Exercise to Music	<b>Wokingham Borough Council Sport and Leisure Team:</b> <a href="mailto:Sian.attard@wokingham.gov.uk">Sian.attard@wokingham.gov.uk</a>	Physical and Learning Disability		Wokingham
Horse Riding					
	RDA National	<b>RDA National Office</b> 01926 492915 <a href="mailto:info@rda.org.uk">info@rda.org.uk</a>	RDA horses and ponies provide therapy, enjoyment to people with disabilities		Berkshire
Multi-Sports					
	Finchampstead Baptist Church All Stars	<b>Jamie Walker:</b> <a href="mailto:Jamie@finchampstead.com">Jamie@finchampstead.com</a> 0118 908 8155	Inclusive for All Ages 10+		FBC Centre, Finchampstead, RG40 4ES
	Wokingham, Bracknell and Districts Mencap: Youth Club	<b>Mencap:</b> <a href="mailto:admin@wokinghammencap.org">admin@wokinghammencap.org</a> 07551 159073	Learning Disabilities Aged 13+		Addington School, Woodley, Reading, RG5 3EU

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### New Age Kurling

	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Sportsable Centre, Braywick Road, SL6 1BN
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### Pool

	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Sportsable Centre, Braywick Road, SL6 1BN
	Reading Deaf Centre	<b>Caron Jones:</b> <a href="mailto:caronrayleejones@hotmail.com">caronrayleejones@hotmail.com</a> Phone/Minicom: 0118 9594969	Hearing impairment		Reading

### Rambling

	No Limits Sports & Leisure	<b>Nigel Trumper:</b> <a href="mailto:nigel.trumper@nolimits-sports.co.uk">nigel.trumper@nolimits-sports.co.uk</a> 077255 25252	Learning Disability and/or difficulties		West Berkshire
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### Swimming

	Reading Cygnets	<b>Gordan Dart:</b> <a href="mailto:Readingcygnetschair@gmail.com">Readingcygnetschair@gmail.com</a>	Learning Disability 7+ yrs		Reading Central Pool, Reading
	Berkshire Vision	<b>Linda Maestranzi:</b> linda@berkshirerevision.org.uk 0118 987 2803	Visually Impaired		
	No Limits Sports & Leisure	<b>Nigel Trumper:</b> <a href="mailto:nigel.trumper@nolimits-sports.co.uk">nigel.trumper@nolimits-sports.co.uk</a> 077255 25252	Learning Disability and/or difficulties		West Berkshire
	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Magnet Leisure Centre, Maidenhead, SL6 8AW

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	Wokingham Active (WAAN)	<b>Wokingham Borough Council Sport and Leisure Team:</b> <a href="mailto:Sian.attard@wokingham.gov.uk">Sian.attard@wokingham.gov.uk</a>	Physical and Learning Disability 5-18yrs		Carnival Pool Leisure Centre, Wokingham
<b>Table Tennis</b>					
	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Sportsable Centre, Braywick Road, SL6 1BN
<b>Tenpin Bowling</b>					
	Berkshire Autistic Society	<a href="mailto:Contact@autismberkshire.org.uk">Contact@autismberkshire.org.uk</a> 01189 594 594	Autism		Wokingham Superbowl, Wokingham
	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Wokingham Superbowl, Wokingham
	Berkshire Vision	<b>Linda Maestranzi:</b> linda@berkshirevision.org.uk 0118 987 2803	Visually Impaired		
<b>Tennis</b>					
	Berkshire Vision	<b>Linda Maestranzi:</b> linda@berkshirevision.org.uk 0118 987 2803	Visually Impaired		
	Reading Rackets	<b>Natasza:</b> nataszaa@yahoo.com	Learning Disabilities		Reading
	Wokingham Active (WAAN)	<b>Wokingham Borough Council Sport and Leisure Team:</b> <a href="mailto:Sian.attard@wokingham.gov.uk">Sian.attard@wokingham.gov.uk</a>	Physical and Learning Disability 5-18yrs		Cantley Park, Wokingham
<b>Trampolining</b>					
	Berkshire Autistic Society	<b>BAS Office:</b> contact@autismberkshire.org.uk 01189 594 594	Autism		Brakenhale School, Coningsby, Bracknell, RG12 7BA

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	Wokingham Active (WAAN)	<b>Wokingham Borough Council Sport and Leisure Team:</b> <a href="mailto:Sian.attard@wokingham.gov.uk">Sian.attard@wokingham.gov.uk</a>	Physical and Learning Disability 5-18yrs		St Crispins Leisure Centre, Wokingham
<b>Wall Climbing</b>					
	Berkshire Vision	<b>Linda Maestranzi:</b> linda@berkshirevision.org.uk 0118 987 2803	Visually Impaired		
<b>Water Sports</b>					
	British Disabled Water Ski & Wakeboard	<b>Tricia Mackintosh:</b> office@bdwsa.org 01784 483664	Inclusive for all		
	Wokingham Waterside Centre	<a href="mailto:office@wokinghamwatersidecentre.com">office@wokinghamwatersidecentre.com</a> 01189 268280	Inclusive for all	Hoist Available	Wokingham Waterside Centre, Reading, RG6 1PQ
<b>Wheelchair Basketball</b>					
	Thames Valley Kings	<b>Jacqueline Scoins-Cass MBE:</b> info@berkshirewheelchairbasketball.co.uk 07775682987	Inclusive for all		Kennet Leisure Centre Thatcham, Berkshire RG19 4LJ
	SportsAble	<b>Niall Mccaffrey:</b> niall.mccaffrey@sportsable.co.uk <b>Damian Ng:</b> damian.ng@sportsable.co.uk 01628 627690	Physical and Sensory Disabilities		Sportsable Centre, Braywick Road, SL6 1BN
<b>Wheelchair Rugby</b>					
	Berkshire Banshees	Craig Hunter: <a href="mailto:craigchairman@gmail.com">craigchairman@gmail.com</a> 07798 844202	16+ Physical and Sensory Disabilities		Bulmershe Leisure Centre

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### Volleyball

	Newbury Volleyball Club	Sue Sayers: <a href="mailto:suesayers1@sky.com">suesayers1@sky.com</a> Haddon Macdonald: <a href="mailto:haddonpeter@gmail.com">haddonpeter@gmail.com</a>	Aged 14+ Learning Disability and some physical disabilities	This is an adapted version of Volleyball and not Sitting Volleyball.	Trinity School, West Berkshire
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