

THE CHALLENGES

FAIRWAY DRIVE

CHALLENGE VIDEO

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EQUIPMENT

3 tall cones 1 football
1 floor spot or cone

SET UP

Place a floor spot on the ground. Place a tall cone, 3 steps away with 1 tall cone either side on step away.

TOP TIP: Use the inside of your foot for accuracy.

TO PLAY

Start at the floor spot, kick the ball towards the tall cones to knock them over. When you knock over all 3 cones, replace them and carry on. Repeat.

SCORING

Collect 1 point per cone knocked over in 60 seconds.

CHIP THE BUNKER

CHALLENGE VIDEO

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EQUIPMENT

3 cones or floor spots
1 football

SET UP

Set up 3 cones in a line, 2 steps apart. The space between the first 2 cones is the bunker.

TOP TIP: Get your foot under the ball.

TO PLAY

Starting behind a cone on one side of the bunker, chip the ball over the bunker. It's first bounce must be on the other side of the bunker between the 2nd and 3rd cone. Collect the ball and repeat.

SCORING

Collect 1 point for every successful chip over the bunker in 60 seconds.

HOLE IN 1

CHALLENGE VIDEO

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EQUIPMENT

2 cones 1 football
1 hoop

SET UP

Place a floor spot on the ground and place a hoop, propped up with an upside-down cone, 2 steps away.

TOP TIP: Use the inside of your foot for accuracy.

TO PLAY

Start with the ball at the floor spot. Kick the ball towards the hoop to land in the hoop. Collect the ball, replace the hoop on the cone if needed and go again. Repeat.

SCORING

Collect 1 point every time the ball stops in the hoop in 60 seconds.