**Sportivate Project Case Study**

**Provider/Lead Organisation:** Wokingham Borough Council

**Deliverer:** Sports and Leisure Team

**Contact Details:** Adam Godwin - 01189743729

*Mandatory field*

<table>
<thead>
<tr>
<th>Name of Project / Activity*</th>
<th>Sportivate Multi Sports Sessions</th>
</tr>
</thead>
</table>

**Project Overview/Aim***

The Multi sports Sessions are aimed at people with a learning or physical disability. The sessions are intended to offer the skills and technique training as mini taster sessions for Netball, Dance and Trampolining with the view to continue after the 6 weeks are completed.

**Why has this worked??**

It has given people with a disability the opportunity to access sports or physical activity that they wouldn’t normally have. The sessions targeted people within a day service setting which enabled them to get out of the centre and use the leisure facilities. This was also offered to general members of the public, schools and groups that we already have contact with.

**Challenges/Solutions??**

The target group is specific to people having a disability, so it was important to offer the sessions to people who will fully benefit from the opportunity and develop their needs. I contacted key people within those groups, such as key workers, co-ordinators or support staff, this helped with ensuring the correct people were targeted.

**Quote from Participant/s regarding their experience of the project**

**Quote from Coach/Leader regarding their experience of the project**

Photos related to this project are also very welcome.

Please complete and return to [Kirsty.heath@getberkshireactive.org](mailto:Kirsty.heath@getberkshireactive.org).