NGB Clinic
Welcome
Background

• Get Berkshire Active – Active Partnership.
• Part of a national network
• 'Get more people more active'
• Not just about 'sport'
• Small core team, working in partnership
• Lead, Support, Commission, Deliver
• Physical, mental and social benefits
While you’re here….

• GBA Awards
• Upcoming forums
• Activate funding
• Satellite Club funding
• We Are Undefeatable
• RED January
GBA Awards

NOMINATIONS OPEN until 28th November 2019

8th GBA AWARDS

Thank you to all our supporters

Field Seymour Parkes
everyone active
Playtime
Places Leisure
mbcreative

Get Berkshire Active

Hilton Reading
West Berkshire
Upcoming Forums

• Safeguarding Adults – 21st Jan – Bisham Abbey
• Disability Forum – March – venue tbc
• Physical Activity Conference for Primary Schools – 30th April
• Marketing and Insight – 6th May – Bisham Abbey
Activate Fund

• Aim: to provide new physical activity and sport opportunities for inactive people living in deprived areas in Berkshire.
• £750 - £2k
• Must have an income of less than 250k
• Targeting areas of deprivation
• Next deadline – 25th Nov
Satellite Club funding

• Satellite Club funding is available to sporting and non-sporting clubs and organisations working with young people.
• Up to £3,500 to deliver an additional service for 14-19yr olds.
• Tackling inactivity and targeting at least one of the five government outcomes.

Chelsea.piggott@getberkshireactive.org
• National Physical Activity & Health Conditions Campaign
• Consortium of 15 leading health charities on board
• 1 in 4 people live with a LTH condition
• Twice as likely to be inactive despite evidence that activity can help manage a condition by reducing severity of symptoms
• Campaign support sent to all GP Practices & Pharmacies Nationwide
• Online Support to encourage behaviour change
• Sign up as a supporter at www.weareundefeatable.co.uk
RED January

• Challenging you to get active everyday
• Beat the January blues
• In partnership with Mind
• Join the challenge www.redtogether.co.uk
• Take a selfie pledge
• Tell us about any sessions that could be part of the campaign
Thank you for coming