

THE CHALLENGES

DESERT ISLAND DASH

CHALLENGE VIDEO

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EQUIPMENT
 3 floor spots
 1 cone

SET UP
 Place a cone (pirate ship) on the ground. Place a floor spot (island) 3 steps away from the cone. Place the other floor spots either side, 2 steps away.

TOP TIP: As you turn 'spot' your pirate ship to keep you on track

TO PLAY
 Starting at the pirate ship, dash to an island and back to the ship before visiting a different island.

SCORING
 Collect 1 point for every island visited in 60 seconds.

LAND AHOY

CHALLENGE VIDEO

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EQUIPMENT
 3 floor spots
 2 cones

SET UP
 Place 2 cones on the ground, 4 steps apart. Put 3 floor spots, spread out a step apart, between the 2 cones.

TOP TIP: Bend your knees when you land. Balance before taking your next jump.

TO PLAY
 Start at cone #1, the pirate ship, jump 2 feet to 2 feet on each of the 3 floor spots to cross the sea to cone #2, the island, and back. Repeat.

SCORING
 Collect 1 point per successful crossing from 1 side to the other in 60 seconds.

SINK THE SHIP

CHALLENGE VIDEO

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EQUIPMENT
 1 floor spot or cone
 3 tall cones
 1 ball

SET UP
 Place a floor spot (pirate ship), on the ground. Put the tall cones (enemy ships), 3 steps away from the ship and 1 foot between each other.

TOP TIP: Follow through with your hand to point towards the cone you want to hit

TO PLAY
 Starting at the pirate ship, roll the cannonball on the floor to knock over the enemy ships. Collect the ball and roll again. When all ships are knocked over, replace them. Repeat.

SCORING
 Collect 1 point for every cone knocked over in 60 seconds.