Context

Priory School is a four-form entry primary in Slough with approximately 1000 pupils on roll from differing backgrounds. The school has used Primary PE and School Sport funding over the last few years for maximum impact. This case study focuses on how this has been achieved and the positive outcomes that have resulted. The case study focuses particularly on:

- How all the pupils are engaged in regular physical activity
- How PE and Sport has been used for whole school improvement

How and why changes were made at Priory

Changes were made in 2014 at Priory regarding PE, Physical Activity and School Sport as a result of a combination of factors mostly the Senior Leadership Team didn’t feel the students were receiving the opportunities they should. Head teacher Mrs. Laver and her team went about devising a plan to create a framework and a positive environment that placed equal emphasis on the child’s holistic health profile and the child’s academic profile. This plan got immediate ‘buy in’ from the Senior Leadership Team who went about implementing it with the rest of the staff team.

The launch of the Daily Mile at Priory with former GB Hockey player Hannah Mcleod - one of the regular physical activity interventions at Priory

The impact of physical activity at Priory School

“The Daily Mile is just one of the initiatives that have been introduced to enhance the children’s physical development. Our emphasis on being active and developing healthy lifestyles has had a significant impact on the children’s learning and mental wellbeing. Staff and children take all aspects of physical activity very seriously and recognise how important this is for all aspects of development,” Mrs Laver Headteacher, May 2018

96 % of Key stage pupils attend an after school club

What OFSTED have observed

“The national primary school sport funding has been used very effectively to improve provision and to raise the physical performance of pupils” OFSTED 2015

“Pupils are proud of their school and their work. They thoroughly enjoy school, especially the high-quality sporting provision.” OFSTED 2015

Physical Activity is integral to day-to-day life and learning at Priory School

In order to ensure that physical activity is integral to day-to-day life and learning at Priory School a wide range of programmes, cultural changes and partners (national and local) have been used to make the changes possible

Programmes

Priory has implemented the Daily Mile which has helped pupils with the concept of being the best you can and achieving your personal best. The impact of these experiences has been that pupils are eager to take part in lessons.

Priory provides a wide range of opportunities for all pupils to engage in physical activity outside the curriculum. This includes:

- Sessions run by local clubs so pupils can continue with accessing sports and activities out of the school setting
- Change for Life clubs

Cultural changes

Physical activity has been put at the heart of everything at Priory and this has helped put change into action:

- There has been complete buy in by the Headteacher and SLT
- A good cross flow of information takes place between the PE team and SLT
- The PE team is housed in the centre of school right at its core
- There are many physical activity noticeboards throughout the school which highlight achievements and being the best you can be

Partners involved

The Slough School Sport Network who have supported with club links, Change for Life clubs and linking in national partners including Create Development

Local clubs such as Four Motion Dance and Slough Juniors AC who deliver after school clubs

Slough Borough Council through their Public Health Team who deliver a healthy lifestyles club for families

Get Berkshire Active who co-ordinated a primary schools conference attended by Priory giving good practice around the PE and School Sport Premium and providing links to national and local providers

So what are the next steps at Priory School?

- Further developing the family healthy lifestyles programme ensuring that it hits the most hard to reach
- Developing the skill set of all staff to aid sustainability
- Building on the concept of being the best you can be
- Engaging even more children in physical activity inside and outside of school