Virtual Handball

#BERKSHIREVIRTUALSCHOOLGAMES

**EQUIPMENT**

- **Stopwatch** - If not a phone or iPad/tablet or clock/watch.
- **Marker x 6** - If not cans or plastic cups or socks.
- **Sock Balls x 5** - If not paper balls or foil balls.
- **Targets** - Small- can or tin or plastic cup or water bottle or shoe box; Medium- bucket or laundry basket or school bag or cardboard box; Large- bin or chair or mini goal or suitcase.
- **Hand’Ball x 1** - If not a sock ball or tin foil ball or balls from different sports (tennis ball or football etc.).

**CHALLENGE 1**

**BALL HANDLING - CRAZY CATCH**

Practice & submit your best scores to your teacher.

**CHALLENGE 2**

**SHOOTING - GOALS GALORE**

Click the buttons for demonstration video for each challenge.

**CHALLENGE 3**

**GOALKEEPING - COVER ALL ANGLES**

Click here for guidance notes.